

THE COMPASS

The Official Newsletter of the Peninsula Pathfinders of Virginia - P.O. Box 7100, Hampton, VA 23666

Volume 29, No. 1

January 2012

Treasurer's Report – 30 November operating account balance: \$ Given at meetings

PATHFINDERS NEXT MEETING

Next club meeting: **Wed, March 21, 2012, 7 p.m.**
Hampton Main Library, 4207 Victoria Blvd. Meetings are held the third Wednesday of the month.

Next board meeting: **Mon, March 5, 2011 at 7 p.m.**
Executive board meetings are held the first Monday of each month at Northampton Library, 936 Big Bethel Road, Hampton. All members are welcome.

CLUB WEBSITE

<http://www.peninsulapathfinder.org>



Peninsula Pathfinders of Virginia
AVA & VVA Affiliated



Fun, Fitness, Friendship

"Moving together toward a healthier America"

INSIDE THIS ISSUE

1	President Note; Trail Talk
2-6	Trail Updates; 2012 Dates; Meetings; Club News; VVA Update; Atlantic Update; IVV Update; Travel Ops; Birthdays; Membership Renewal Form
7	Post-It Page

Feb Newsletter Deadline: Please send info to Pam Bowers, email: pbowers3@cox.net by Jan 27.

Note from the Club President

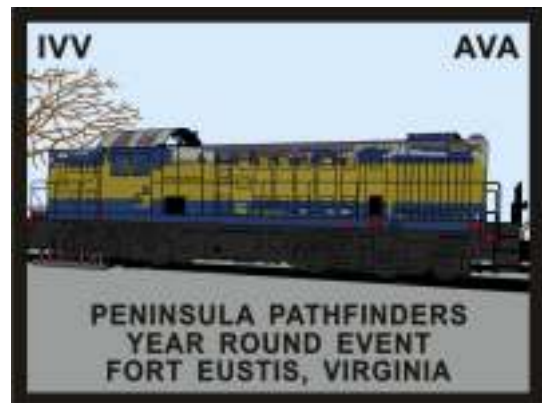
Happy New Year! Ron and I wish everyone a Very Happy and Healthy New Year. Welcome to the new officers! I really appreciate them stepping forward to help the club.

Diane

Trail Talk

This month we focus on our year round walks that have changes to their trails, patches or special programs. We have four new patches: Fort Eustis; Mariners' Museum; Yorktown; and Williamsburg.

Fort Eustis: Has a new patch featuring



a yellow train that recently arrived at the museum. The walks that start at the Red Cross and at the Transportation Museum now have a new 5 km trail and a new 13 km trail. The 10 km walks are similar to the ones in the past. Both 13 km walks have all the listed special programs. The 5 and 10 km have some of the programs listed. Special Programs: Walking the USA A-Z ("N" for Newport News), Hooray for Hollywood, Honoring Law Enforcement, Strolling Somewhere Over the Rainbow, WPA (Works Progress Administration), and Forts of the United States. For the Virginia Cities program: Newport News.

Christopher Newport University

(CNU): Trails were changed to adjust for construction and moving of the University Police Station. Trail distances are now 5, 6, 10 and 11 km. Special Programs: Walking the USA A-Z ("N" for Newport News), Grist Mills, Honoring Law Enforcement and Baseball Parks. For the Virginia Cities program: Newport News.

Mariners' Museum: Has a new patch recognizing the 150th Anniversary of the Battle of the USS Monitor and CSS Virginia. The walk has a new 10 km trail



that goes by the CNU University Police and the Ferguson Center, and then walks the Noland Trail in reverse. Special Programs: Walking the USA A-Z ("N" for Newport News), and Honoring Law Enforcement. For the Virginia Cities program: Newport News.

Hilton Village "Y": The 5 km trail did not change. There is a new 10 km trail that includes several of the new special programs. Special Programs: Walking the USA A-Z ("N" for Newport News), Main Street, America's Bakeries, Murals, Diners, Celebrating Golden Cinemas, and Strolling Somewhere Over the Rainbow. For the Virginia Cities program: Newport News.

Yorktown: The walks will have a new patch. The town 10 km has been modified to include a few of the new special programs. Special Programs:

Both walks: Walking the USA A-Z ("Y" for Yorktown). **Town Walk only:** Murals, Main Street, Hooray for Hollywood, Grist Mills and Honoring Law Enforcement. For the Virginia Counties program: York County.

Downtown Hampton: Both the 6 and 10 km trails have been updated to include new special programs. Special programs: Walking the USA A-Z ("H" for Hampton), Honoring Law Enforcement, Forts of the US (Fort Henry), Murals, Strolling Somewhere Over the Rainbow and America's Bakeries. For the Virginia Cities program: Hampton.

Fort Monroe: The start point changed to the Casemate Museum in late August. The trails were changed at that time. Special Programs: Walking the USA A-Z ("H" for Hampton), Honoring Law Enforcement, Celebrating Golden Cinemas and Forts of US. For the Virginia Cities program: Hampton.

Fort Boykin: Trail remains the same. Special Programs: Walking the USA ("S" for Smithfield) and Historic Forts of the US. For the Virginia Counties program: Isle of Wight County.

Williamsburg: The 6 km and 10 km walks have a new patch, a reproduction of a 10 cent stamp issued on July 4, 1975, commemorating the 200th



anniversary of the establishment of the American Military Services by the Continental Congress. This is the first of a set of four patches based on

these stamps. This stamp commemorates the Continental Army.

Jamestowne: Trails remain the same. Special Programs: Walking the USA ("J" for Jamestowne), Historic Forts of the US, Hooray for Hollywood, and Somewhere Over the Rainbow (15 km ONLY). For the Virginia Counties program: James City County

Club Dates for 2012

Corrected Board Meetings: Mar 5, Apr 2, May 7, June 4, Aug 6, Oct 1, Nov 5 and Dec 3

General Meetings: Mar 21, Apr 18, May 16, Sep 12, Oct 17 and Nov 14

Fun Dinners: June 20, July 18, and Aug 15

Events: April 21-Sandy Bottom; May 12-Chippokes State Park; June 9-Norfolk (OPSAIL ICW Gators); Dec 7-9-Williamsburg

Picnic: April 21-Sandy Bottom

2012 Brochures: Our April 21, May 12, June 9 and December 7-9 event brochures are now available. Pick up copies at the March meeting or go to www.peninsulapathfinder.org and click on local calendar for the brochures.

Club News

- **Club Holiday Party** was held Nov 30 at the Clarion Hotel and Restaurant in Williamsburg. We had a social hour first, and, during dinner, everyone stood and shared information about their favorite volksmarch this year. Linda Thompson drew the name for the free 2-night stay at the Clarion. The winner, after Linda drew her own name and declined the prize, was Carol Lowell. Thanks to all attended, to Annette Tollett for arranging the place, and to Diane Berard for

coordinating with the restaurant and taking the RSVPs.



Carol and Bill Lowell and Annette Tollett



Becke and George Fries and Ron Berard



Linda Thompson, Bill Zimmerman, Sally Goessel, Shirley Boyd



Carol Lowell winner of Clarion weekend!

- The **Dec 3 group walk** welcomed over 20 walkers to the Noland Trail. It was a great walking day.
- **December 9 - 11 Williamsburg Event Summary:** The Williamsburg weekend events posted the largest turnout since 2007!



Jonah Grove, with his grandmother, Linda Grove, starting his first volksmarch. He will be two this month.

Night Walk: 214
(50 A, 157 Credit, 7 free)

Day Walk: 236 (52 A, 197 Credit, 14 free)

Swim: 21

Santa made an appearance, and we welcomed some special new walkers. A special thanks to Annette for her hard work in coordinating all the pieces of the weekend, to Betty for getting the volunteers, to Bill Lowell for setup and



Welcome back to Santa David Hartman!



Mary Parker working sales table

checkpoints, and to EVERY volunteer for the time they gave.



Barbara Briggum works checkpoint

Also thanks to the many members who brought goodies to share. It worked out nicely because we had cookies all weekend!

- Beginning in January, the Peninsula Pathfinder year round events will use new logs for the walks. Walkers will sign the log in the notebook at the start point and only use one copy of a start card.

Meetings

March 21, 2012 Meeting: Linda LaFleur will talk about Volksmarching with the Koala Club. The Club will come to the US to walk around Niagara Falls and Canada from April 22 - 29. From May 14-29, they will go to China. In June, they will go to Finland and the polar ice cap. From November 10-23, they will go to India and Nepal.

Oops, sorry!

The editor and proofreader apologize for having the wrong start times in the December newsletter for the Dec 3 and 17 group walks. Also, corrected 2012 board meeting dates appear in this newsletter.

Atlantic Region Update

- Find the **Atlantic Region Calendar** here:http://www.mdvolks.org/new_wal_klist.php
- Atlantic Region Conference:** Fredericksburg, VA, March 16-18, 2012. The Germanna Volkssport Association has an interesting program planned. John Hennessy, the Fredericksburg/Spotsylvania National Military Park historian will speak at the banquet and four AVA sanctioned battlefield walks will be offered. Check the Germanna website for updates and registration www.walkfredericksburg.webs.com or contact Gary Clelland 540-842-8094 or garysc2502@verizon.net.

- Pennsylvania Lincoln Highway Program** The Keystone State Volkssport Association will sponsor a Lincoln Highway Program in 2012 - 2013. Conceived in 1912 as a "Coast-to-Coast Rock Highway", the Lincoln Highway was the first transcontinental highway in the United States. In Pennsylvania, existing roads and tolls roads were connected together make the highway, crossing the lower part of the state from Philadelphia past Pittsburgh into Ohio. As you walk on the Lincoln Highway in Pennsylvania, you will be following in the footsteps of British soldiers on the Forbes Road on their way to defeat the French at Fort Duquesne, Colonialists traveling to Philadelphia on the Lancaster Pike - the first extensive turnpike in the United States (completed in 1796), and Confederate soldiers in the Gettysburg Campaign. The Lincoln Highway crosses fifteen counties in Pennsylvania and at least one seasonal or year round event is sanctioned in all fifteen counties. There are also qualifying regular events in several counties. To complete the program, you must do a qualifying walk or bike volkssport event in six different counties. The event must touch, cross, or go along a portion of the historic Lincoln Highway. To order a book or for more information, see the KSVa web site (<http://www.ava.org/clubs/ksva>) or contact the event POC, Tom Jackson, 1287 Shippensburg Road, Biglerville, PA 17307. Phone: (717) 677-6511 or (717) 309-6088. Email: thomasjackson@embarqmail.com

[IVV News](#)

The International Federation of Popular Sports (IVV) is the organization that the AVA falls under concerning general event policy rules and the International Achievement Awards Program. The newly elected IVV Vice President, Graham Fawcett, from Canada, has started a new newsletter called, "Just One Minute!" Its purpose is to let volkssporters know what is being done internationally with the hope of getting more people engaged and re-energized about the IVV and volkssporting. In the first edition, there is a link to the European Volkssport Federation's website <http://www.europa-wandert.eu/welcome.html>; dates for the first "Asianpiad" sponsored by the Korean Volkssport Federation on May 25-27, 2012; the first "Europiade" sponsored by IVV-Europe on Sept 7-9, 2012; and the IVV Olympiad 2013 in Val Gardena, Sud Tyrol, Italy, June 25-29, 2013.

[VVA Update](#)

The new Virginia Volkssport Association (VVA) officers for Jan 2012- Dec 2014, were elected at the VVA Meeting on Saturday, Dec 10 in Williamsburg. Congratulations to the following volksmarchers:

President: Bill Lowell

Vice President: Annette Tollett

Treasurer: Dolores Grenier

Secretary: Regina Overholt

Thank you for keeping Virginia Volkssports energized and exciting! We appreciate you!

[Holiday Card](#)

To The Pathfinders from club member Olga Crupper: Dear Friends: Best Wishes for the Holidays and for Health and Happiness throughout the year. Olga Crupper

Travel Opportunity

Pensacola Volksmarch Club is sponsoring the 4th Biennial March Fling, March 16-18, 2012, featuring 6 walks in Alabama. More information may be found at www.ava.org/pensacolafloida

Jan 16 - Feb 15 Birthdays

Happy Birthday to the following members:

Jan 16: Mary Laningham
23: Charlotte Lilley
30: Carolyn Schaubach
Feb 1: Linda Panganiban
3: Bill Lowell
6: Betty Anglin
Albert Arnold
Emilie Smoke
9: Linda Johnson
11: Sonja Beland
14: Sharon Dillon

Awards

Distance:
4000: Elaine Thompson
7500: Linda Thompson

Events:
375: Elaine Thompson
450: Peggy Bowers
750: Linda Thompson
1050: Linda LaFleur
1300: Ron Berard

Membership Renewal is NOW

Almost everyone has renewed their membership, and if you haven't, your membership is now officially expired! Please return the membership renewal form below today!

MEMBERSHIP RENEWAL FORM

2012 MEMBERSHIP is DUE NOW. Please send in your dues. Please make sure we have the correct information for you on file!

2012 MEMBERSHIP RENEWAL SHORT FORM/Peninsula Pathfinders of Virginia

1. **NAME:** _____
2. **INFORMATION:**
ADDRESS: _____
EMAIL: _____
PHONE NUMBER WITH AREA CODE: _____
SPOUSE'S NAME: _____
3. **THIS IS HOW I WANT TO BE INVOLVED IN THE PATHFINDERS IN 2012:** _____

4. **2012 DUES** (check payable to PENINSULA PATHFINDERS)

- REGULAR MEMBER \$6.00
 SPOUSE \$6.00

5. **SIGNATURE:** _____ **DATE:** _____

MAIL TO:
PENINSULA PATHFINDERS
ATTN: MEMBERSHIP
PO BOX 7100
HAMPTON, VA 23666-0100

PLEASE PRINT CLEARLY
THANK YOU FOR YOUR CONTINUED SUPPORT



PENINSULA PATHFINDERS OF VIRGINIA

THE 'POST IT' PAGE

Please remove this page from the newsletter and "POST IT" on your refrigerator, or your bulletin board, or with your day calendar.

Current Club Officers

President: **Diane Berard**, 890-9220
 (email: Peninsula_Pathfinders_Prez@cox.net or
 (preferred): walkingtheusa@gmail.com)
Vice President: **Bill Lowell**, 757-357-5355
 (email: wlowell@mindspring.com)
Secretary: **Mary Parker**, 851-9252
 (email: maparker76@cox.net)
Treasurer: **Don Blazek**, 804-815-4156
 (email: dblazek@druckerandfalk.com)

Other Points of Contact

Membership: **Art Whittaker**, 723-4934
 (email: ETMarvinMartian@msn.com)
Web Page: **Diane Berard**, 890-9220
 (email: walkingtheusa@gmail.com)
Newsletter editor: **Pam Bowers**, 564-0147
 (email: pbowers3@cox.net)
Sales: **Ron Berard**, 890-9220
 (email: walkingtheusa@gmail.com)
Publicity: **Shirley Boyd**, 722-5637
 (email: walksboyd@aol.com)
Programs: **Pat Parker**, 851-9252
 (email: paparker1@cox.net)
Volunteer Coordinator: **Betty Bess**, 539-0136
 (email: bess13@verizon.net)

Local Activities for March 2012- July 2012:

Mar 3: Group, Vagabonds, Dismal Swamp, Chesapeake
 Mar 10: Group, Gators, Suffolk
 Mar 16-18: Atlantic Region Conference, Fredericksburg
 Mar 24: Event, Vagabonds, Walter Reed Hospital, Gloucester
 Mar 31: Group, Vagabonds, South Mills, NC, Dismal Swamp
 Apr 7: Group, Pathfinders, NN YMCA & Hilton Village
 Apr 14: Event, Lee Lepus, Farmville, VA
 Apr 15: Event, Cavaliers, Charlottesville, VA
 Apr 21: Event, Pathfinders, Sandy Bottom Nature Pk, Hampton
 Apr 28: Event, Gators, Dismal Swamp, Chesapeake
 May 4: Group, Gators, Norfolk Botanical Garden
 May 12: Event, Pathfinders, Chippokes State Park, Surry
 May 19: Group, Vagabonds, VA Capital Trail1, Charles City Cty
 June 2: Group, Pathfinders, Yorktown Town
 June 2: Event & VVA Meeting, Loudon, Sterling
 June 9: Event, Pathfinders, OPSAIL 2012, Norfolk
 June 9: Event, Gators, OPSAIL 2012, Norfolk
 June 16: Group, Gators, Cape Charles & Kiptopeke State Park
 June 30: Group, Vagabonds, VA Capital Trail2, Charles City Cty
 July 7: Group, Pathfinders, Hampton
 July 14: Group, Gators, Chesapeake Greenbrier
 July 21: Event, Gators, Chesapeake Arboretum & Club Picnic
 July 28: Group, Vagabonds, Freedom Park, James City County

Upcoming Area Volkssport Events

JANUARY 2012

1	Event	Gators	9 a.m. - noon	Smithfield
7	Group	Pathfinders	9 a.m.	Fort Eustis-Transportation Museum
14	Event	Vagabonds	9 a.m. – 10 a.m.	Silver Diner, Newport News
21	Group	Gators	9 a.m.	1 st Landing State Park, Virginia Beach
28	Group	Vagabonds	9 a.m.	Newport News Park

FEBRUARY 2012

4	Group	Pathfinders	9 a.m.	Fort Boykin, Smithfield
11	Group	Gators	9 a.m.	MacArthur Memorial, Norfolk
25	Group	Pathfinders	10 a.m.	CNU, Mariner's Museum, Newport News